

Scripture Reading

Psalm 42:1-11 (NIV)

¹ As the deer pants for streams of water, so my soul pants for you, O God. ² My soul thirsts for God, for the living God. When can I go and meet with God? ³ My tears have been my food day and night, while men say to me all day long, "Where is your God?" Like a deer longing for flowing streams of refreshing water, but instead of refreshing streams all there is are salty tears day and night. ⁴ These things I remember as I pour out my soul: how I used to go with the multitude, leading the procession to the house of God, with shouts of joy and thanksgiving among the festive throng. ⁵ Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God. ⁶ My soul is downcast within me; therefore I will remember you from the land of the Jordan, the heights of Hermon--from Mount Mizar. ⁷ Deep calls to deep in the roar of your waterfalls; all your waves and breakers have swept over me. ⁸ By day the LORD directs his love, at night his song is with me-- a prayer to the God of my life. ⁹ I say to God my Rock, "Why have you forgotten me? Why must I go about mourning, oppressed by the enemy?" ¹⁰ My bones suffer mortal agony as my foes taunt me, saying to me all day long, "Where is your God?" ¹¹ Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

Psalm 43:1-5 (NIV)

¹ Vindicate me, O God, and plead my cause against an ungodly nation; rescue me from deceitful and wicked men. ² You are God my stronghold. Why have you rejected me? Why must I go about mourning, oppressed by the enemy? ³ Send forth your light and your truth, let them guide me; let them bring me to your holy mountain, to the place where you dwell. ⁴ Then will I go to the altar of God, to God, my joy and my delight. I will praise you with the harp, O God, my God. ⁵ Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

1. One song with three movements

Psalm 42:1-3

¹ As the deer pants for streams of water, so my soul pants for you, O God. ² My soul thirsts for God, for the living God. When can I go and meet with God? ³ My tears have been my food day and night, while men say to me all day long, "Where is your God?"

Like a deer longing for flowing streams of refreshing water, but instead of refreshing streams all there is are salty tears day and night.

Psalm 42:5

⁵ Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God

Psalm 42:7-8

⁷ Deep calls to deep in the roar of your waterfalls; all your waves and breakers have swept over me. ⁸ By day the LORD directs his love, at night his song is with me-- a prayer to the God of my life.

2. The Psalmist clings on to God with WHY

Psalm 42:9

⁹ I say to God my Rock, "Why have you forgotten me? Why must I go about mourning, oppressed by the enemy?"

Psalm 42:11

¹¹ Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

Psalm 43:1-3 (NIV)

¹ Vindicate me, O God, and plead my cause against an ungodly nation; rescue me from deceitful and wicked men. ² You are God my stronghold. Why have you rejected me? Why must I go about mourning, oppressed by the enemy? ³ Send forth your light and your truth, let them guide me; let them bring me to your holy mountain, to the place where you dwell.

Psalm 43:5

⁵ Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

3. When you pray remember your hope

Revelation 21:1-5 (NIV)

¹ Then I saw a new heaven and a new earth, for the first heaven and the first earth had passed away, and there was no longer any sea. ² I saw the Holy City, the new Jerusalem, coming down out of heaven from God, prepared as a bride beautifully dressed for her husband. ³ And I heard a loud voice from the throne saying, "Now

the dwelling of God is with men, and he will live with them. They will be his people, and God himself will be with them and be their God. ⁴ He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away." ⁵ He who was seated on the throne said, "I am making everything new!" Then he said, "Write this down, for these words are trustworthy and true."