

Scripture Reading

Luke 5:17–20 (NIV)

¹⁷ One day Jesus was teaching, and Pharisees and teachers of the law were sitting there. They had come from every village of Galilee and from Judea and Jerusalem. And the power of the Lord was with Jesus to heal the sick. ¹⁸ Some men came carrying a paralyzed man on a mat and tried to take him into the house to lay him before Jesus. ¹⁹ When they could not find a way to do this because of the crowd, they went up on the roof and lowered him on his mat through the tiles into the middle of the crowd, right in front of Jesus. ²⁰ When Jesus saw their faith, he said, “Friend, your sins are forgiven.”

Luke 5:21–26 (NIV)

²¹ The Pharisees and the teachers of the law began thinking to themselves, “Who is this fellow who speaks blasphemy? Who can forgive sins but God alone?” ²² Jesus knew what they were thinking and asked, “Why are you thinking these things in your hearts? ²³ Which is easier: to say, ‘Your sins are forgiven,’ or to say, ‘Get up and walk’? ²⁴ But I want you to know that the Son of Man has authority on earth to forgive sins.” So he said to the paralyzed man, “I tell you, get up, take your mat and go home.” ²⁵ Immediately he stood up in front of them, took what he had been lying on and went home praising God. ²⁶ Everyone was amazed and gave praise to God. They were filled with awe and said, “We have seen remarkable things today.”

Mark 2:1-12 (NIV)

¹ A few days later, when Jesus again entered Capernaum, the people heard that he had come home. ² So many gathered that there was no room left, not even outside the door, and he preached the word to them. ³ Some men came, bringing to him a paralytic, carried by four of them. ⁴ Since they could not get him to Jesus because of the crowd, they made an opening in the roof above Jesus and, after digging through it, lowered the mat the paralytic was lying on. ⁵ When Jesus saw their faith, he said to the paralytic, “Son, your sins are forgiven.” ⁶ Now some teachers of the law were sitting there, thinking to themselves, ⁷ “Why does this fellow talk like that? He’s blaspheming! Who can forgive sins but God alone?” ⁸ Immediately Jesus knew in his spirit that this was what they were thinking in their hearts, and he said to them, “Why are you thinking these things? ⁹ Which is easier: to say to the paralytic, ‘Your sins are forgiven,’ or to say, ‘Get up, take your mat and walk’? ¹⁰ But that you may know that the Son of Man has authority on earth to forgive sins....” He said to the paralytic, ¹¹ “I tell you, get up, take your mat and go home.” ¹² He got up, took his mat and walked out in full view of them

all. This amazed everyone and they praised God, saying, "We have never seen anything like this!"

Luke 11:4 (NIV)

⁴ 'Forgive us our sins, for we also forgive everyone who sins against us. And lead us not into temptation.'

Matthew 6:12–15 (NIV)

¹² 'And forgive us our debts, as we also have forgiven our debtors. ¹³ And lead us not into temptation, but deliver us from the evil one.'

¹⁴ For if you forgive other people when they sin against you, your heavenly Father will also forgive you. ¹⁵ But if you do not forgive others their sins, your Father will not forgive your sins.

1. You are going to be offended

John 8:7 (NIV)

⁷ When they kept on questioning him, he straightened up and said to them, "If any one of you is without sin, let him be the first to throw a stone at her."

2. Forgiveness is empowering for you

Ephesians 4:31-32 (NIV)

³¹ Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. ³² Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

3) What forgiveness isn't and is

a) Forgiveness isn't pretending everything is fine

b) Forgiveness isn't necessarily reconciling or having contact with the offender

c) Forgiveness isn't forgetting

Micah 7:18-19 (NIV)

¹⁸ Who is a God like you, who pardons sin and forgives the transgression of the remnant of his inheritance? You do not stay angry forever but delight to show mercy. ¹⁹ You will again have compassion on us; you will tread our sins underfoot and hurl all our iniquities into the depths of the sea.

d) Forgiveness is letting go of anger and resentment and trusting God to deal with the offender and the situation

<https://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/forgiveness/art-20047692>